



Non-Accredited Awards from Dayspring
Certificate in Contemplative Spirituality
Diploma in Spiritual Direction

Nationally Accredited Awards through the Uniting College of Leadership & Theology
Graduate Certificate in Spirituality
Graduate Diploma Spiritual Direction
Master of Spiritual Direction

The **Uniting College of Leadership & Theology** (UCLT) was the only Member College and something of the driving force behind the Adelaide College of Divinity which Dayspring became associated with at the end of 2021. UCLT has now been admitted as a Member College of the **University of Divinity** and in partnership with them, the **Dayspring Community** (WA) Incorporated is pleased to announce the addition of two new awards and the fine tuning of our existing awards.

The new awards are of one year duration – a non-accredited **Dayspring Certificate in Contemplative Spirituality** and an accredited higher education **Graduate Certificate in Spirituality** from the University of Divinity.

Dayspring will continue to offer its **Diploma in Spiritual Direction** over two years part-time, and graduates with this award are able to be recognized as Spiritual Directors by the Australian Ecumenical Council of Spiritual Directors (AECSD) and the Australian Network of Spiritual Directors (ANSD).

The higher education awards of a **Graduate Diploma in Spiritual Direction** over two years and a **Master in Spiritual Direction** over four years will also provide a recognized qualification for those wishing to become Spiritual Directors.

For nearly twenty years, Dayspring has been offering training in contemplative spirituality and spiritual direction and this experience informs the way we approach the teaching of these awards. Over the course of the program students will become knowledgeable, competent, and skilled in the work of spiritual direction.

The heart of the program is contemplative, emphasizing the importance of spiritual study, discernment, and prayer. Its focus is on the experience of a person's relationship with God, and on fostering this relationship as the foundation of one's life. Spiritual direction is seen as a contemplative ministry through which spiritual directors help others to notice and respond to God's movement in

the personal and communal experiences of their everyday lives, and within all of creation. This approach to spiritual direction requires personal, interpersonal, and spiritual maturity. It is understood as a significant, dynamic, and potentially transformative process undertaken for the sake of the unfolding all of life.

The process includes:

- theology relevant to the ministry of spiritual direction within the Christian tradition
- an ecumenically based practicum with individual supervision
- significant academic and experiential background in diverse approaches to prayer
- a holistic understanding of the human person and community with a breadth of exposure to real-life experiences and skills essential to the ministry of spiritual direction.
- a grounded research project appropriate to the level of study

Each intake of students consists of carefully selected participants who feel called to deepen their understanding of spiritual guidance and to further their spiritual growth. We expect that applicants will have some experience in giving and receiving spiritual guidance and will have the maturity and life experience necessary to this ministry. We assume graduates will practice in a variety of ministry contexts.

Objectives

By the completion of the training students will:

- have developed competency in providing spiritual direction from a contemplative stance
- be competent in leading others to integrate the spiritual disciplines into their own contexts
- have a working theology of spiritual direction
- be able to lead others in a variety of prayer and the contemplative traditions
- have the competency to establish a personal practice as a contemplative spiritual director
- comply with Australian national guidelines and code of practice for spiritual direction

Requirements

The program provides training in spiritual direction for Christian ministry. Therefore, applicants will need:

- A commitment to personal and spiritual development in oneself and others.
- Introductory working knowledge of Christian theology. (Prior completion of units in theology or biblical studies relevant to your tradition)
- Significant life experience
- Two professional recommendations.
- Scan of the highest educational qualification received
- Some experience of spiritual accompaniment work.

Course Outline

The Dayspring Certificate course and the Graduate Certificate in Spirituality form the first year of the Dayspring Diploma and the Graduate Diploma in Spiritual Direction. The Graduate Diploma, similarly, forms the first two years of the Master of Spiritual Direction as a nested program. The Dayspring Certificate and Diploma options do not have the same assessment requirements as the University of Divinity accredited courses and have a different application process via Dayspring.

Units of Study	Grad Cert	Grad Dip	Masters
Contemplative Stance and Soul Care	√	√	√
History of Contemplative and Apophatic Spirituality	√	√	√
Spiritual Direction Praxis 1	√	√	√
Beyond Beginnings of Spiritual Direction 1		√	√
Beyond Beginnings of Spiritual Direction 2		√	√
Spiritual Direction Praxis 2		√	√
Capstone Project or Minor Thesis			√
Other units in Spiritual Direction or Spirituality			√
Biblical Studies Unit			√

Course duration

- Master of Ministry: 4 years part time.
- Graduate Diploma/Dayspring Diploma: 2 years part time
- Graduate Certificate/ Dayspring Certificate: 1 year part time

Tuition Components

One residential week in each semester

Residentials will focus on both content and supervision

One day per month in each semester - content and practicum work

Online learning and Individual Study

Distance Mode

Online participation possible for those in rural areas or outside Western Australia. In-person participation for residentials is preferred.

Program Structure:

Residential	1 Week in each of Semesters 1-4 Semester 1: March 6-11, 2023 (Contemplative Stance and Soul Care) Semester 2: August 6-11, 2023 (History of Contemplative and Apophatic Spirituality) Semester 3: February 18-23, 2024 (Beyond Beginnings of Spiritual Direction 1) Semester 4: October 27 - November 1, 2024 (Beyond Beginnings of Spiritual Direction 2)
Monthly Sessions	1 session per month (Spiritual Direction Praxis 1 and 2) First Thursday of each month Semester 1: February, April, May, June Semester 2: August, September, October, November Semester 3: February, April, May, June Semester 4: August, September, October
Individual Supervision and Practicum	Total 50 sessions 30 Individually focused supervised practicums 20 Group experiences of supervisory learning
External Practicum	Ongoing practice with own directees Semesters 2-4
Thesis	Research project on spiritual direction in a specific context

Fees

Nationally Accredited Higher Education Courses

Enrollment for the Higher Education qualifications is through **Uniting College of Leadership & Theology** – see website unitingcollege.edu.au/ Fees can be paid up front to UCLT or deferred into the FEE HELP Scheme for payment through your Income Tax.

Non-Accredited Dayspring Courses

Dayspring Certificate in Contemplative Spirituality - \$4,000.

Dayspring Diploma in Spiritual Direction - \$8,000

Fees are payable in equal installments of \$2,000 per semester.

Fees include all tuition and residential costs.

Fees need to be paid prior to the commencement of the semester.

(Fees do not include textbooks or prescribed reading texts).

Withdrawal after commencement will forfeit all fees for that semester.

commencement will forfeit all fees for that semester.

Assessment

Assessments include written reflections, critical reflections, practicum reports and observation of the practice of spiritual direction in various contexts during supervision sessions.

A Thesis or Capstone Project is completed at Masters' level concentrating on spiritual direction in a specific context.

Advanced Standing

A candidate who holds a Graduate Diploma deemed equivalent to the Graduate Diploma in Spiritual Direction degree may also be granted advanced standing. The required Master of Spiritual Direction course components will be determined on an individual basis.

Application Process

Accredited Higher Education Awards:

Apply for enrolment through UCLT – <http://unitingcollege.edu.au>

Non-Accredited Dayspring Awards:

Complete the Dayspring Application Form

All applicants must complete and submit the following the Dayspring Application Form.

Referees

Each Referee will be expected to return their completed **Recommendation Form** directly to the Dean of Studies at Dayspring, marked 'Confidential'. All referee responses will remain confidential and will not be disclosed to the applicant. These referees may be contacted by phone.

Once all documents have been processed, an Admission Interview will be scheduled.

Enrolment in the Semester 1 of the Dayspring diploma program does NOT guarantee ongoing participation in the program. At the conclusion of the Semester 1, an Integrative Review of the participant's progress will ascertain continuation into Semester 2.

Closing date for applications – February 1st, 2023 For further information please contact Dr. Beth Roberton, Dean of Studies, Dayspring – Mob: 0411043928 or by email : bethr@iinet.net.au